



Teach your pets to love
having their teeth brushed
in just 7 days!

Reward with praise and a healthy treat at the end of each session.

DAY 1 Gently stroke the outside of your pet's cheeks with your finger only (no brush) and slowly lift the lip for about 30 seconds.

DAY 2 Repeat as above and also place a small amount of toothpaste on the end of your finger and let your pet sample it.

DAY 3 Repeat Day 2 but this time gently run your finger or finger toothbrush and a small amount of toothpaste over your pet's teeth for 30-45 seconds.

DAY 4 Repeat Day 3 adding 15 seconds time to running your finger or finger toothbrush over your pet's teeth.

DAY 5 If all is going well run your finger over the teeth for 30 seconds and then gently insert the brush and again run over teeth for 30 seconds.

DAY 6 Repeat as Day 5 and increase the time by 30 seconds.

DAY 7 By this time you should be aiming to spend at least one minute on each side of the mouth.

**To see a video of how it's done,
visit: nz.virbac.com/dental**

